CYREX Laboratories
2602 S 24th St, Phoenix, AZ 85034
Tel 602.759.1245 Fax 602.759.8331
www.CyrexLabs.com

PRACTITIONER

PATIENT
Name:
DOB:
Gender:

ACCESSION #:
REQUISITION #:
SAMPLE TYPE:
DOCTOR/PATIENT ID:
DATE COLLECTED:
DATE RECEIVED:
DATE OF REPORT:

TEST	RESULTS			
Array 10-90 - Multiple Food Immune Reactivity Screen **	**IN RANGE** (Normal)	**EQUIVOCAL***	**OUT OF RANGE**	**REFERENCE RANGE** (ELISA Index)
DAIRY and EGGS, Modified				
Egg White, cooked	0.73			0.0 - 2.11
Egg Yolk, cooked	0.34			0.0 - 1.01
Soft Cheese + Hard Cheese			2.78	0.1 - 1.71
Yogurt		1.37		0.0 - 1.51
GRAINS, Raw and Modified				
Rice, white + brown, cooked	0.27			0.1 - 1.31
Wild Rice, cooked	0.33			0.2 - 1.11
Wheat + Alpha-Gliadins	0.52			0.2 - 1.91
BEANS and LEGUMES, Modified				
Black Bean, cooked	0.45			0.1 - 1.01
Bean Agglutinins	0.39			0.2 - 1.51
Dark Chocolate + Cocoa	<0.20			0.2 - 0.91
Garbanzo Bean, cooked	1.00			0.2 - 1.81
Kidney Bean, cooked	0.19			0.0 - 0.81
Lentil, cooked	<0.30			0.1 - 1.51
Pinto Bean, cooked	0.32			0.0 - 2.01
Soy Sauce, gluten-free	0.79			0.1 - 2.31
Tofu	0.78			0.0 - 1.51
NUTS and SEEDS, Raw and Modified				
Almond, roasted	0.28			0.0 - 0.61
Cashew	0.47			0.0 - 2.51
Flax Seed	<0.30			0.0 - 0.91
Mustard Seed	0.98			0.4 - 1.51
Peanut, roasted	0.22			0.1 - 0.71
Sesame Oleosin			1.26	0.1 - 1.21
Sunflower Seeds, roasted			1.82	0.2 - 1.51
Walnut	0.59			0.4 - 1.31
VEGETABLES, Raw and Modified				
Asparagus, cooked	0.75			0.1 - 2.21
Beet, cooked	0.28			0.0 - 0.71
Bell Pepper			1.80	0.0 - 1.71
Broccoli			2.70	0.0 - 1.81
Cabbage, red + green		1.95		0.1 - 2.51
Canola Oleosin			1.50	0.4 - 1.31
Carrot			2.02	0.5 - 1.51
Cauliflower, cooked	0.46			0.0 - 1.01
Celery	1.06			0.1 - 2.31
Chili Pepper		1.03		0.2 - 1.11
Popped Corn	1.22			0.1 - 1.91

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Eggplant, cooked	0.79			0.0 - 1.91
Garlic	0.67			0.0 - 1.21
Green Bean, cooked	0.60			0.1 - 1.51
Lettuce	0.40			0.1 - 1.51
Mushroom, raw + cooked	0.32			0.0 - 2.11
Onion + Scallion	0.59			0.1 - 2.31
Pea, cooked	0.65			0.0 - 1.21
Potato, white, cooked (fried)	1.09			0.1 - 1.61
Pumpkin + Squash, cooked	1.58			0.1 - 2.11
Radish	0.96			0.1 - 1.71
Spinach + Aquaporin	0.69			0.0 - 1.31
Tomato Paste	0.61			0.5 - 2.11
Yam + Sweet Potato, cooked	<0.60			0.2 - 1.21
Zucchini, cooked	0.42			0.2 - 0.81
FRUIT, Raw and Modified				
Apple	0.47			0.2 - 1.51
Avocado			1.15	0.2 - 1.11
Banana	0.81			0.0 - 1.51
Blueberry	0.54			0.1 - 1.61
Cantaloupe + Honeydew Melon	0.33			0.1 - 1.21
Coconut, meat + water	0.32			0.0 - 1.11
Grape, red + green	0.37			0.2 - 1.01
Lemon + Lime	0.36			0.0 - 0.81
Orange	0.73			0.2 - 1.71
Peach + Nectarine	0.42			0.2 - 2.01
Pear	0.52			0.2 - 2.11
Pineapple	1.99			0.0 - 2.71
Strawberry	0.53			0.3 - 2.31
Watermelon	0.63			0.2 - 1.01
FISH and SEAFOOD, Raw and Modified				
Cod, cooked	1.24			0.1 - 2.21
Salmon, cooked	0.28			0.2 - 2.41
Tuna	0.57			0.1 - 2.71
Tuna, cooked	0.36			0.1 - 1.31
Whitefish, cooked	0.17			0.1 - 1.41
Crab + Lobster, cooked	0.60			0.2 - 1.41
Clam, cooked	0.77			0.0 - 2.41
Shrimp, cooked	0.33			0.1 - 1.51
Shrimp Tropomyosin	0.33			0.0 - 1.41
MEAT, Modified				
Beef, cooked medium	0.80			0.3 - 1.91
Chicken, cooked	0.81			0.0 - 1.31
Pork, cooked	0.38			0.1 - 0.51
Turkey, cooked	0.20			0.1 - 1.31
Meat Glue	0.32			0.1 - 1.31

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HERBS, Raw				
Basil	0.54			0.2 - 1.81
Cilantro	0.91			0.0 - 2.21
Oregano	0.45			0.0 - 1.21
Parsley	0.62			0.0 - 1.61
Rosemary	0.42			0.2 - 1.51
SPICES, Raw				
Cinnamon	0.44			0.3 - 1.71
Ginger		1.99		0.1 - 2.51
Turmeric (Curcumin)	0.53			0.3 - 1.71
Vanilla	0.99			0.0 - 2.81
GUMS				
Carrageenan	0.60			0.1 - 1.11
Xanthan Gum	0.46			0.2 - 0.91
BREWED BEVERAGES and ADDITIVES				
Honey, raw +processed		1.04		0.1 - 1.31
Food Coloring	0.36			0.5 - 1.11

* Reference ranges are calculated based on the mean ±2 standard deviations (SD). Results >1 SD, and <2 SDs above the mean are considered to be equivocal. An equivocal result represents the range between negative and suspicious low positive results. Results >2 SDs are considered out of range, and positive.

** For details on the method of cooking, please see specification sheets. All analytes are tested for IgG and IgA combined.

Sadi Koksoy, DVM, PHD, HCLD(ABB), Laboratory Director

Cyrex Laboratories is certified under the Clinical Laboratory Improvement Amendments of 1988 ("CLIA") as qualified to perform high-complexity clinical testing. Test result data on its own does not constitute a diagnosis of any disease. Only a physician or qualified healthcare professional should interpret the significance of a clinical lab test or make a diagnosis. This test was developed and its performance characteristics determined by Cyrex Laboratories, LLC. This test is a laboratory developed test and therefore not subject to clearance or approval by the US Food and Drug Administration. The names and titles of tests and arrays are for reference purposes only.